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Pepper Assessment Tool for Disability (PAT-D)	
E WANT TO KNOW HOW WELL YOU CAN TAKE CARE OF YOURSELF AND DO THI 7 YOURSELF. THESE QUESTIONS WILL ASK ABOUT THINGS THAT MOST PEOPLE	
R HAVE DONE IN THE PAST. TELL ME THE PHRASE THAT BEST TELLS HOW YOU	
R HAVE DONE IN THE PAST. TELL ME THE PHRASE THAT BEST TELLS HOW YOU ERE ABLE TO DO THE DESCRIBED ACTIVITY IN THE PAST MONTH. by much difficulty, if any, do you have with each of these activities? Think about the list month. How hard was it to do the activity because of your health?	е
ERE ABLE TO DO THE DESCRIBED ACTIVITY IN THE PAST MONTH. ow much difficulty, if any, do you have with each of these activities? Think about th	e {housework}

2.	Lifting heavy objects?	(Ilitt) () (1) Usually did with no (2) Usually did with a l (3) Usually did with so (4) Usually did with a l (5) Unable to do (6) Usually did not do
3.	Participating in community activities such as religious services, social activities, or volunteer work?	(community) () (1) Usually did with nc (2) Usually did with a l (3) Usually did with so (4) Usually did with a l (5) Unable to do (6) Usually did not do
4.	Walking one block?	(walkone) () (1) Usually did with no (2) Usually did with a l (3) Usually did with so (4) Usually did with a l (5) Unable to do (6) Usually did not do
5.	Lifting or carring something as heavy as 10 pounds, such as a bag of groceries	(lift10lbs) () (1) Usually did with no (2) Usually did with a l (3) Usually did with so (4) Usually did with a l (5) Unable to do (6) Usually did not do
6.	Moving in and out of a chair?	(chair) () (1) Usually did with no (2) Usually did with a l (3) Usually did with so (4) Usually did with a l (5) Unable to do (6) Usually did not do

{lift}

11.	Using the telephone?	(4) Usually did with a (5) Unable to do (6) Usually did not do (6) Usually did not do (7) Usually did with not (8) Usually did with a (9) Usually did with sot (1) Usually did with a (2) Usually did with a (3) Usually did with a (4) Usually did with a (5) Unable to do (6) Usually did not do
10.	Gripping with your hands?	(grip) () (1) Usually did with nc (2) Usually did with a (3) Usually did with so
9.	Moving in and out of a bed?	(bed) (1) Usually did with no (2) Usually did with a l (3) Usually did with so (4) Usually did with a l (5) Unable to do (6) Usually did not do
8.	Visiting with relatives or friends?	(visitfrnds) () (1) Usually did with nc (2) Usually did with a l (3) Usually did with so (4) Usually did with a l (5) Unable to do (6) Usually did not do
		(1) Usually did with no (2) Usually did with a l (3) Usually did with so (4) Usually did with a l (5) Unable to do (6) Usually did not do

7.

Managing your money, such as paying bills?

{money}

12.	Using the toilet including getting on and off of the toilet?	(toilet) (1) Usually did with nc (2) Usually did with a l (3) Usually did with so (4) Usually did with a l (5) Unable to do (6) Usually did not do
13.	Dressing yourself?	(dress) (1) (1) Usually did with no (2) Usually did with a l (3) Usually did with so (4) Usually did with a l (5) Unable to do (6) Usually did not do
14.	Getting in and out of a car?	(car) (1) Usually did with no (2) Usually did with a l (3) Usually did with so (4) Usually did with a l (5) Unable to do (6) Usually did not do
15.	Bathing or showering?	(bathe) () (1) Usually did with no (2) Usually did with a l (3) Usually did with so (4) Usually did with a l (5) Unable to do (6) Usually did not do
16.	Taking care of a family member?	(1) Usually did with no (2) Usually did with a l (3) Usually did with so (4) Usually did with a l (5) Unable to do (6) Usually did not do

{toilet}

17. Climbing several flights of stairs? Usually did with no Usually did with a l Usually did with so Usually did with a (1) (2) (3) (4) Unable to do
Usually did not do (5) {climbone} 18. Climbing one flight of stairs? Usually did with no Usually did with a l Usually did with so Usually did with a (1) (2) (3) (4) Unable to do (5)

{climbsev}

(6)

Usually did not do

Pepper Assessment Tool for Disability (PAT-D)

PID: ACROSTIC: VISIT: DATE of VISIT: / 20	ADMIN	NISTERED E					
WE WANT TO KNOW HOW WELL YOU CAN TAKE CARE OF YOURSELF AND DO THINGS BY YOURSELF. THESE QUESTIONS WILL ASK ABOUT THINGS THAT MOST PEOPLE DO OR HAVE DONE IN THE PAST. TELL ME THE PHRASE THAT BEST TELLS HOW YOU WERE ABLE TO DO THE DESCRIBED ACTIVITY IN THE PAST MONTH.							
How much difficulty, if any, do you have with each of these activities? Think about the past month. How hard was it to do the activity because of your health?							
	Usually did with no difficulty	Usually did with a little difficulty	Usually did with some difficulty	Usually did with a lot of difficulty	Unable to do	Usually did not do for other reasons	
1. Doing light housework (such as washing dishes, dusting, etc.)?							
2. Lifting heavy objects?							
3. Participating in community activities such as religious services, social activities, or volunteer work?							
4. Walking one block?							
5. Lifting or carrying something as heavy as 10 pounds, such as a bag of groceries?							
6. Moving in and out of a chair?							
7. Managing your money, such as paying bills?							

	Usually did with no difficulty	Usually did with a little difficulty	Usually did with some difficulty	Usually did with a lot of difficulty	Unable to do	Usually did not do for other reasons
8. Visiting with relatives or friends?						
9. Moving in and out of a bed?						
10. Gripping with your hands?						
11. Using the telephone?						
12. Using the toilet including getting on and off of the toilet?						
13. Dressing yourself?						
14. Getting in and out of a car?						
15. Bathing or showering?						
16. Taking care of a family member?						
17. Climbing several flights of stairs?						
18. Climbing one flight of stairs?						